

**The Forecaster**  
**Rotary Club of Alexandria**  
**Chartered 1928**  
**P. O. Box 320666**  
**Alexandria, VA 22320**

*Rotarayclubofalexandria.net*  
*Club #5785*

**Belle Haven Country Club**  
**Tuesday, 12:15 p.m.**  
**Theme: Service above Self**

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**Agenda**

**Tuesday, August 16, 2022**

**Presiding Today**

*Bob McClure*

**Pledge of Allegiance**

*Lindsay Kelley*

**Invocation**

*Sam Mason*

**Introduction of**

**Visitors & Guests**

*Peter Knetemann*

*Sergeant at Arms*

**August Programs**

*Jim Carmalt*

**August Birthdays**

*TBD*

**President's Time**

Announcements, Raffles

**Today's Program**

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**Next Meeting**

Mindi Snyder

District 7610 District Governor  
2022-2023

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**Presentation August 9, 2022**

*Dr. Dodd Sims*

*Neighborhood Health—Your Health Our Passion*

"We're going to talk about neighborhood health, where I have been working for the last 17 years. To give you a little bit of history and tell you what's going on over there. But it really I wanted to tell it in the in the framework of a bit of a story. So really, the issue is what happens to poor, sick people here in our care, in our hometown. So I want to give you an example: I don't know who cleaned your house, but I suspect there's someone in in your house at some point. There's probably been somebody named Jose in your yard at some point. I don't know if you've ever been picked up at Reagan, but a nice guy by the name of Ahmet Tam was probably there, And there's a guy who cooks wonderful seafood, linguini down a bit, Landini Brothers. It's very good. I don't know what his name is. So I kind of want to figure out, you know, where do these working poor people go when they get sick? What are their options? Here have some data from this current data, and if they go to the emergency room, it's going to cost them up to up to \$2,000. A visit to a private doctor is going to be on the order of \$200. But they come to what we call a federally qualified health care center, which we're going to talk about.

Obviously, it's subsidized care and it's it is very manageable for these people. So we're gonna talk about Neighborhood Health. Interesting story. I've been there 17 years now. It's been a big part of my professional career. It was started about 25 years ago, in the old in the presidential green apartment complex over there, if you've ever driven around that neighborhood. There was a part time pediatrician. I was a part time adult medicine doctor. And it's grown substantially since then. Again, even though we started out very locally in Alexandria, we've expanded considerably into Arlington and Fairfax, and it's really an open access model. In other words, there's no the no barriers, whether you're insurer/uninsured. If you can pay a little, you pay a little bit, you can pay more, you pay more. We are not particularly interested in people's legal status here. I know that's controversial, but many of these people do not have legal status, but they still need health care. We just take care of the people that come in. We saw about 3000 individual different patients... giving us a total of about 100,000 visits. When I started out 17 years ago, I think we were doing five or 6000 visits a year. .

*For the text/slide show of presentation contact fikekaty7@gmail.com*

**Dan Blaine's Quote for the Day:**

"Stay afraid, but do it anyway.

What's important is the action. You don't have to wait to be confident. Just do it and eventually the confidence will follow." - Carrie Fisher

**Announcements:**

- ◆ The Dow is down only 22 standing at 32,810. The Nasdaq is following suit down 163 at 12,000 and 410.
- ◆ In international news, the Ukrainians are very delighted that the Pentagon is now releasing the largest match of combat material so far. The grain continues to flow out of Odessa, however, and that's very, very good news.
- ◆ There have been a number of announcements of contracts that have been secured by Northern Virginia contractors, particularly primarily with regard to the Pentagon. That bodes well for the economy of Northern Virginia.
- ◆ Contributions Committee: The grant applications were emailed to previous applicants and the grant application was placed on the website.
- ◆ Members please pair up in groups of 2 to review the grants. Please email me these group selections. Our goal is to get the materials to each pair by August 12. There is a slight change to the schedule.
- ◆ **Zoom only meeting August 16th.**

**Visitors:**

Special guests, Guests are always welcome.

**Raffles**

Today 50/50: No 50/50 on Zoom

Queen of Hearts: No Queen of Hearts on Zoom